General Information

SM3 Console Menu Tree

Applies to: SM3 (140001) + SM3 -II (9-3400)



Access the console service menu by using the following key code: [DOWN] [UP] [DOWN] [ENTER] [ENTER]

The RESET button acts as a "BACK" button.

DEFAULTS

- ENTER WEIGHT
- SET INTENSITY
- TIME GOAL
- ENTER AGE
- PERCENT
- HRCTIME

CUSTOMIZE

- CHANGE UNITS
- LANGUAGE

MACHINE STATUS

- RUN HOURS
- RUN FLOORS
- VERSION
- PROGRAM CHECKSUM (Displayed as "Prog Checksum")

DIAGNOSTIC

- DISPLAY TEST
- KEY TEST
- HEART RATE TEST
- FATIGUE TEST

MAINTENANCE LOGS

- ERROR LOG
- RESTORE SETTINGS (displayed as "Restore Sett")

PWM TEST – Pressing enter will immediately engage PWM test and stairs will move.